

Postojna, Slovenia July 9-July 16 2023







# **Participating organizations**



#### Mladinski center Postojna

Vilharjeva 14 6230 Postojna Slovenia

www.mcp.si fb.com/MladinskiCenterPostojna



#### Riihimäen kaupunki

Uudenmaankatu 1 11100 Riihimäki Finland

www.riihimaki.fi fb.com/riihimaenkaupunki



#### **ASTRID**

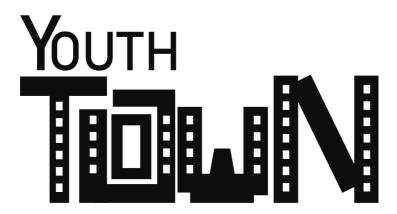
Stadionului 4F 400132 Floresti Romania

www.asociatia-astrid.ro fb.com/asociatiaastrid

# **Objectives**

The objectives of our project are:

- providing participants with basic know-how on youth participation and on how they can become (more) active members of their local communities and contribute to solving issues of their interest at local level;
- encouraging intercultural dialogue by having participants work and spend their free time in multicultural and diverse groups throughout the entire youth exchange;
- linking participants with **representatives of municipalities** and other authorities, in order to get them more familiar with what the work of the latter implies;
- creating project plans for three activities made for the benefit of the community, to be designed and implemented on local level in each of the three partner countries, during the first 6 months after the youth exchange finishes.



### What is a youth exchange?

Youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods. All travel, accommodation and food costs are covered by the organizer with the support of the Erasmus+ program, so participation in the exchanges is completely free.

# Where are we going?

The youth exchange will take place in Postojna, Slovenia. For Slovenian participants ravel costs of up to 23 € will be reimbursed according to the rules of Erasmus+ Program. Reimbursement of travel costs will be done upon presenting original tickets and/or receipts.

# Safety

- The group of 8 young participants will be accompanied by at least one adult who will make sure they are safe.
- The participants must also be aware of their responsibility to not do anything that could put them in danger (e.g. consuming alcohol, leaving the group etc.).
- In case of health related problems participants will be accompanied by their group leader and a Slovenian speaker to the Postojna Medical Center.

# **Activity details**

Youth center Postojna (Postojna, Slovenia)

July 9–July 16 2023

Type: Youth exchange

Location: Postojna, Slovenia

Duration: 6 days + 2 travel days

#### Finnish group:

• 8 young participants aged 15 to 21

• 1 group leader (18+)

#### Romanian group:

• 8 young participants aged 15 to 21

• 1 group leader (18+)

• 1 facilitator (18+)

#### Slovenian group:

- 8 young participants aged 15 to 21
- 2 group leaders (18+)



### What will we do?

We will spend 6 days together with new (and old) friends from Finland, Romania and Slovenia.

First day will be dedicated to breaking the ice and getting know each other. In the following days we will set out on a City Quest and explore the town, discuss opportunities and challenges young people face in our countries, meet the local decision makers, go on a day trip to Ljubljana and more. Our main goal throughout the exchange will be to pinpoint what we would like to make happen in our local environments and create projects which we will implement after returning to our countries.









### Where will we stay?

We will stay at Youth Hostel Proteus Postojna in shared rooms of up to three young people of the same gender. The rooms are equipped with free wifi, personal reading lights and secure lockers. Shared bathrooms are located on the floor hallway. Bedding and towels are included. We will have breakfast and dinner at the hostel, while lunch will be provided on the location of the daily activity.









#### **Interested?**

To get more info or apply write to <a href="mailto:nika@mcp.si">nika@mcp.si</a> or fill in the form at <a href="https://forms.gle/ALZ8YE5mjvyYqB7V6">https://forms.gle/ALZ8YE5mjvyYqB7V6</a>

We're looking forward to hearing from you :)









